

# It's time to take charge of your SHPT

#### What is SHPT?

**Secondary hyperparathyroidism (SHPT)** is a condition associated with **chronic kidney disease (CKD)**. Your body makes too much **parathyroid hormone (PTH)**, preventing your body from balancing minerals and hormones, such as phosphorus, calcium, and vitamin D levels, correctly.





#### So why treat SHPT?

**SHPT** is a silent disease. It may be doing damage inside your body, even when you can't feel the effects. Without treatment, SHPT can cause serious health issues and lead to cardiovascular events, bone fractures, and even speed up the time to dialysis or death.

## How does Rayaldee help your SHPT?



Rayaldee works by slowly raising vitamin D levels high enough to lower the PTH levels in your blood to help with the mineral imbalances in your body.

Before starting Rayaldee, the level of calcium in your blood should be in the normal range (below 9.8 mg/dL).



### How do you take Rayaldee?

The recommended starting dose is **one capsule by mouth daily at bedtime**. Your doctor may increase the dose based on how your body responds. You should take **Rayaldee** whole; do not chew or break the capsule. It's important to take **Rayaldee as your doctor prescribes**.

#### How do you know if Rayaldee is working?



It could take several months for your treatment to reach its full potential. Even if you don't feel any difference, it is very important that you stay on treatment as long as your doctor prescribes it for you. Your doctor will run lab tests so you can see how **Rayaldee** is working for you. Over time, **SHPT** can progress and become more difficult to treat. **Always talk to your doctor if you plan to stop treatment**.



#### What happens if you forget a dose?

Like many medicines, **Rayaldee** needs to be taken regularly. If you miss a dose, take Rayaldee at the next scheduled time. **Do not take an extra dose to make up for the missed dose**. You can create calendar reminders on your phone or place a note near your bedside table so you can remember **to take Rayaldee every night.** 

You can also install an app like Medisafe®, a mobile medication management platform (iOS or Android, on your phone).

#### How do you get coverage support?



Most patients have an out-of-pocket cost for **Rayaldee** of **less than \$10 per month.** Eligible commercially-insured patients pay \$0.\* If you do not have pharmacy insurance coverage or you are unable to afford your copay, please call your doctor's office. You may qualify for **OPKO Connect's Patient Assistance Program** (PAP) that offers free medication.\*\*

**OPKO Connect** services are available Monday through Friday, 8 am to 8 pm ET, by calling **1-844-414-OPKO (6756)**.

Please see Important Safety Information on back. For Full Prescribing Information visit www.Rayaldee.com.



#### QUESTIONS ABOUT STAYING ON TRACK?

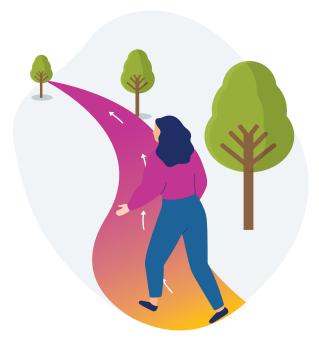
Your healthcare provider is your best source of information about your condition, so be sure to talk to your doctor if you have any questions about Rayaldee.

Learn how to stay on track by watching our video library.









#### **Important Safety Information**

- Before starting Rayaldee, the level of calcium in your blood should be in the normal range (below 9.8 mg/dL). Your doctor can tell you if your calcium level is right for starting Rayaldee.
- Rayaldee can cause hypercalcemia and hypercalciuria (high levels of calcium in your blood and urine, respectively). You should tell your doctor if you are taking any other medications, including other vitamin D medications (prescription or over-the-counter vitamin D supplements). Your doctor may tell you to stop taking them while you are taking Rayaldee, as very high calcium levels due to high vitamin D levels could cause severe changes to your heart rhythm or seizures and require emergency treatment.
- Tell your doctor about any and all medication you may be taking. While you are taking Rayaldee, tell your doctor if you receive any new prescriptions or start any new over-the-counter medications.
- Tell your doctor immediately if you experience any of the following symptoms of very high calcium: feeling tired, difficulty thinking clearly, loss of appetite, nausea, vomiting, constipation, increased thirst, increased urination, weight loss, or any other abnormal symptoms or side effects.
- While you are taking Rayaldee, your doctor will order laboratory tests to see how your SHPT is doing. These lab tests will also examine your blood levels of calcium, phosphorus, 25-hydroxyvitamin D, and PTH. Based on your test results, your dose of Rayaldee may be changed or stopped until your lab results improve.
- The most common side effects of Rayaldee reported by patients in clinical trials were anemia (low levels of red blood cells or hemoglobin), infection in the nose and/or throat, high levels of blood creatinine (a lab test for measuring kidney function), shortness of breath, cough, congestive heart failure, and constipation.
- Take your Rayaldee at bedtime and swallow your capsules whole; do not bite or chew them.
- If you miss a dose, take Rayaldee at your next scheduled time. Do not take an extra dose to make up for the dose you missed.
- Be sure to follow your doctor's orders, including getting your laboratory tests done on time.

Please see Important Safety Information (ISI) and Full Prescribing Information available at www.Rayaldee.com.

